

BREAST CARE GLOVE

Key features of the Breast Care Glove

The Breast Care Glove is a glove that aids breast-cancer self-examination by heightening finger sensitivity. The Breast Care Glove is made of ethyl vinyl acetate (EVA) composite that adheres closely to the skin. On the surface that contacts the skin, a double sac heightens the sensitivity of the palm of the hand. The glove is made of a powder-free material, so it is free of allergens and proteins that can dirty or irritate the hands and skin. It is also dioxins, so it can be used and discarded without worry. The Breast Care Glove is a patent-pending, trademarked product in Japan and other countries.



HOW TO CONDUCT SELF-PALPATION USING THE BREAST CARE GLOVE

1. Conduct a visual check

Lift up both arms and check for any changes in the shape, size, etc. of the left and right breast, areolas, nipples. Place your hand on your waist and move your arms back and forth, stretching and shifting your breast this way to detect any changes in the breast tissue.

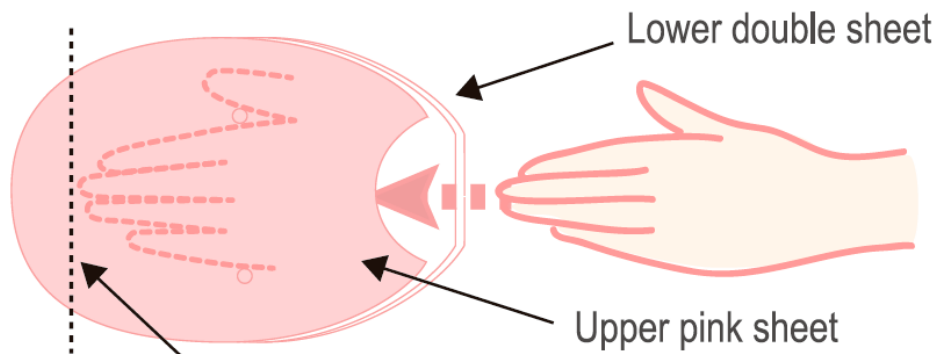
2. Check by hand

Put on the Breast Care Glove and check the entire mammary gland, starting from the armpit, with your three fingers (index finger, middle finger and ring finger) drawing a circle. Verify that the feeling is the same as at the last self-palpation and no hard spots are found. Squeeze the breast and nipples to check that no secretion comes out.

How to use Breast Care Glove

Put on the Breast Care Glove so that the pink sheet is on the back of the hand and the lower double sheet is on the palm.

With the hand inserted in the glove, gently rub the glove with the other hand so that the two sheets of the double sheet slide against each other. Preparation is now complete.



Do not insert the hand all the way to the tip of the glove, as wrinkling of the glove may occur during palpation.

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* If the skin is wet with perspiration, apply baby powder. If wrinkles are forming in the glove, take the hand that is in the glove away from the skin and move the glove around from time to time, so as not to perform palpation using a wrinkled surface.

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